

MONDAY


TUESDAY


WEDNESDAY

THURSDAY


FRIDAY

HOT SPECIALS...


Chinese Veggie Noodles 
Egg noodles with stir fried vegetables

Cheese and Tomato Pizza with Dough Balls 
Cheesy tomato topped pizza slice

Sausage and Mash with Gravy
Traditional pork sausage and mash with rich gravy

Meat-free Bolognese 
Penne pasta in a yummy tomato and Quorn sauce

Roast Chicken with Roast Potatoes & Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Meat-free Roast with Roast Potatoes and Gravy 
Delicious Quorn roast with fluffy roasties and tasty gravy


Pasta Bolognese 
A classic Italian beef bolognese in a yummy tomato and beef sauce


Mild Chickpea & Potato Curry with Rice 
A tasty chickpea and potato masala


Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips


Meat-free Dippers with Chips 
Crispy Quorn dippers with their fave sauce - ketchup


DAILY FAVES...


Packed Lunch
See below for details
Jacket Potato 
with a choice of fillings


Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta


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Jacket Potato 
with a choice of fillings


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Jacket Potato 
with a choice of fillings

Tomato Pasta 
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 3

W/C: 22/03 12/04 03/05
24/05 14/06 05/07 26/07

SIDES...

Sweetcorn and Broccoli

Peas and Carrots

Carrots and Cabbage

Sweetcorn and Broccoli

Baked Beans and Peas

PICK A PUD!

Raspberry Ripple Cake

Crunchy Chocolate Biscuit

Flapjack with Fresh Cut Fruit Slices 

Chocolate Brownie

Vanilla Ice Cream

PACKED LUNCH...
available daily

Ham or Cheese Sandwich or Daily Special
with Veg Sticks and Fresh Fruit or Bear Yo Yo or Dessert of the Day



Food Super Heroes Menu

YOUR FAVOURITES
available every day

OUR NEW MENU!
chosen by our parents and children





THREE WEEK MENU

AUTUMN/WINTER 2020




MONDAY

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls  

Cheesy tomato topped pizza slice

Burrito 

A soft wrap filled with lightly spiced veggies and rice

Chicken Burger with Potato Wedges


Roast chicken served in a soft bun with lettuce and mayo

Macaroni Cheese 


Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Roast Chicken with Roast Potatoes & Gravy


Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy 

A chunky sweet potato and chickpea roast

Pasta Bolognese 

A classic Italian beef bolognese in a yummy tomato sauce

Hotdog with Potato Wedges 

Our favourite veggie hotdog served in a soft sub roll

Golden Fish Fingers and Chips


Crispy fish fingers with scrummy chips



Meat-free Nuggets and Chips 

Crispy Quorn nuggets with their fave sauce - ketchup


DAILY FAVES...



Packed Lunch See below for details

Jacket Potato  with a choice of fillings


Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta



Packed Lunch See below for details

Jacket Potato  with a choice of fillings including salmon mayo


Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta



Packed Lunch See below for details

Jacket Potato  with a choice of fillings


Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta



Packed Lunch See below for details

Jacket Potato  with a choice of fillings

Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta

Packed Lunch See below for details

Jacket Potato  with a choice of fillings

Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta

WEEK 1

W/C: 08/03 29/03 19/04
10/05 31/05 21/06 12/07

SIDES...

Peas and Sweetcorn

Peas and Broccoli

Carrots and Cabbage

Broccoli and Sweetcorn

Baked Beans and Peas

PICK A PUD!

Brownie

Blueberry Frozen Yoghurt

Chocolate & Raspberry Swirl

Shortbread Biscuit

Strawberry Swirl Sponge

MONDAY



TUESDAY

WEDNESDAY


THURSDAY

FRIDAY

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls  

Cheesy tomato topped pizza slice

Sausage and Mash with Gravy 

Fluffy mash with veggie sausages and rich gravy

Chicken Tikka Masala with Rice 


Succulent chicken in a mild creamy sauce

Macaroni Cheese 


Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Roast Turkey with Roast Potatoes & Gravy

Roast turkey with fluffy roasties and tasty gravy

Pastry Slice with Roast Potatoes and Gravy 

Pumpkin and potatoes wrapped in flaky pastry

Lasagne with a Garlic & Herb Bread Wedge 

A classic Italian beef lasagne in a yummy tomato sauce

The Incredible Burger served with Potato Wedges

Meatless burger in a soft bap with ketchup

Southern Fried Chicken Tasters with Chips


Lightly seasoned crispy chicken strips and scrummy chips



Meat-free Dippers with Chips 

Crispy Quorn nuggets with ketchup


DAILY FAVES...



Packed Lunch See below for details

Jacket Potato  with a choice of fillings


Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta



Packed Lunch See below for details

Jacket Potato  with a choice of fillings


Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta



Packed Lunch See below for details

Jacket Potato  with a choice of fillings


Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta



Packed Lunch See below for details

Jacket Potato  with a choice of fillings

Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta

Packed Lunch See below for details

Jacket Potato  with a choice of fillings

Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta

WEEK 2

W/C: 15/03 05/04 26/04
17/05 07/06 28/06 19/07

SIDES...

Sweetcorn and Broccoli

Broccoli and Peas

Peas and Carrots

Sweetcorn and Broccoli

Peas and Baked Beans

PICK A PUD!

Chocolate Slice

Flapjack

Strawberry Ice Cream

Chocolate Cake

Oatie Biscuit with Fresh Cut Fruit Slices 

PACKED LUNCH...

available daily

Ham or Cheese Sandwich or Daily Special

with Veg Sticks and Fresh Fruit or Bear Yo Yo or Dessert of the Day

-  Vegetarian
-  Oily fish
-  Wholegrain
-  Fruity!

Water, salad, freshly baked bread, yoghurt & fresh fruit

Available every day!

