



Chalton Lower School - PE and Sport Premium Action Plan 2022 - 2023

Indicator 1: The engagement of all pupils in regular physical activity - kick-starting healthy active lifestyles.

Objective	Key Actions	Allocated Funding	Anticipated Outcomes
Bikeability - KS2 will be able to confidently demonstrate the basics of riding and caring for a bike.	Access and use the qualified Bikeability instructor to deliver Level 1 road safety training for KS2 pupils. All pupils will have the opportunity to attend. Training caters for the individual needs of the pupils including those with SEND.	N/A (Accessed through Redborne Sports Partnership funding)	<ul style="list-style-type: none"> KS2 pupils will achieve Bikeability level 1. Road safety awareness and training will encourage the pupils to cycle outside of school. Bikeability supports the ethos, environment and culture of a healthy school and contributes towards attainment in PHSE, citizenship and British values, emotional health and wellbeing, school sport, physical activity, physical literacy and SMSC.
Encourage and teach the children how to be mentally healthy and provide them with a range of opportunities to try new sports and activities as well as teaching them the benefits of a healthy lifestyle and diet.	Contact a range of sports clubs, personalities and organisations to attend school during 'Healthy Lifestyles Week' and run taster sessions for the children. Many will be free, but some may require funding. Suggested sports: tennis, rugby, badminton, dance, gym and cricket.	£500	<ul style="list-style-type: none"> Children will have the opportunity to try new sports and activities. Links will be made with local clubs and organisations, creating pathways for the children to follow. Children will learn about the benefits of a healthy lifestyle. (Pupil survey) Staff skills will be increased through watching and participating in sessions led by specialist coaches.
Participation in daily morning sports activities.	Year 3 and 4 start every morning with a five-minute run. (Weather dependent.) Children start each PE lesson with a minimum four-minute run. Year 1 and 2 will also do a run during afternoon play. Foundation to do yoga activities in their classroom at the end of the day for 10 minutes.	N/A	<ul style="list-style-type: none"> Running ability improves, increases fitness and stamina, challenge and determination. Wakes the children up and gets them ready to learn. Yoga helps the children build muscle and increase flexibility as well as reducing stress and anxiety levels. It will help them develop concentration and focus and make a mind-body connection.
Monitor and purchase school playground equipment	Timetable to be created so that all of the children across the school can use the equipment. Both playgrounds are provided with play equipment to be used at lunch times. Purchase more new equipment that can be used during lunchtime-especially balls of different shapes and sizes and another netball or football goal.	£500	<ul style="list-style-type: none"> Whole school positive impact on pupils' activity levels and behaviour. Pupils will be encouraged to be more active at lunchtime and playtime by using new and appealing resources. Gives the children a chance to use equipment that requires coordination, different skill sets and teamwork.

Paint new markings on the playground.	Investigate companies to apply new markings to the playground. This will give the children a path to follow on the playground with different kinds of travelling, jumping, hopping etc as well as the road being able to be used with the toy vehicles.	£1500-£2000	<ul style="list-style-type: none"> The children will enjoy using the road markings when they are playing in the cars, when they are playing in the playground as well as the children using it when they run in the day. The children will be encouraged to be more physically active as will enjoy using the new markings.
Purchase coaching: <ul style="list-style-type: none"> Specific dance/gymnastics coaching and staff support. Half term coaching blocks of PE CPD with Luton Town FC Community Trust. Weekly PE and English and Math's intervention for less confident learners. 	Utilise sports coaching provided by Premier Sports and Premier Dance at school specifically in Gymnastics with a local qualified coach that will inspire pupils and staff. Utilise other programs of coaching provided ad-hoc during the academic year on request. Utilise contacts to sign postcoaching.	£2500 High standards	<ul style="list-style-type: none"> High quality PE and/or enrichment sessions with well qualified local coaches will complement our existing delivery and can be used to expand our existing offer or support teacher development. High standards of performance will be obtained in PE. Pupil expectations will be raised as it will provide them with challenging, competitive activities. Pupil's fitness levels will increase by keeping them physically active. High quality PE will be embedded to make it more sustainable for the future. Activities will support with developing the children's mental health and wellbeing.

Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement.

Objective	Key Actions	Allocated Funding	Anticipated Outcomes
Participate in Young Leaders Programme	Utilise SSP to train KS2 pupils to become Sports Leaders. This will equip young people to lead structured sport, deliver sporting competitions to KS1 and 2 with the aim of embedding and expanding the programme within the school. Staff will be encouraged to utilise pupils in School Council meetings and through the Silver Ambassador programme. Pupils will be utilised at large partnership festivals including training. Continue with the current leadership program and rewards.	Part of sports package cost of coach paid from curriculum	<ul style="list-style-type: none"> Pupils will grow in confidence from leading small groups in a range of physical activities/sports. Pupils deliver competition for KS1 & 2 and can be utilised in other areas of leadership within the school. Initiative provides a resource for sports leaders/Young Ambassadors to lead/support in school. Leadership enhances pupils' personal development and wellbeing. Ambassadors deliver specific training session to all feeder lower school leaders which build partnerships with feeder schools and allow the students to mentor and act as role models. Sports Ambassador Programme will raise the profile of PE and sport in school.
Completion of School Games Mark	Successfully complete the School Games Mark utilising advice and assistance with application completion from SSP and development planning.	N/A	<ul style="list-style-type: none"> Provides the school with a method of measuring performance against a nationally created standard. Nationally recognised award. Helps to embed competitive sport firmly in the school culture and ethos and makes it a central part of school life. Involves staff, students and governors in celebrating and rewarding success. Gold Award will be maintained.
Speed stacking cups to be used to develop pupils hand eye coordination skills and also social skills in a fun and competitive environment.	Identify club and staff from school that could run the session and purchase and promote the club. 10-15 minutes at lunchtime during the spring term - young leaders to manage this.	Potential purchase of more speed stacking cups £100	<ul style="list-style-type: none"> Increases the basic motor skills of pupils taking part. A fun indoor activity that could assist with building social skills and increase confidence in physical ability. Positive impact on other lessons in school.
Purchase hoodies to wear on sporting and school events to ensure that all the children are wearing the same smart outfit.	Investigate prices and possibility of local parent/business providing help with funding.	Investigate prices	<ul style="list-style-type: none"> Pupils look smarter at fixtures raising the profile of both sports and the Chalton PE department. Positive parent and pupil feedback. Pupils feel part of a team and builds confidence.

Indicator 3: Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport.

Objective	Key Actions	Allocated Funding	Anticipated Outcomes
Increase knowledge and accountability of PE through attendance at leadership CPD courses. (See coaching SSP.)	Miss Mudd (PE Leader) to attend PE and primary sport funding course.	Supply cover £200	<ul style="list-style-type: none">Helps to ensure that value for money is achieved for sports premium funding.Identifies any possible ways to utilise sports premium funding.Ensures that the school keeps up to date with current policy and developments in primary PE.
CPD course for PE staff and supportstaff in dance and gymnastics.	Book course with Premier Sport in autumn term.	Sports Package	<ul style="list-style-type: none">Raises the standards, confidence and provision of PE and school sports delivered to our pupils.

Indicator 4: Broader experience of a range of sports and activities offered to all pupils.

Objective	Key Actions	Allocated Funding	Anticipated Outcomes
Increase participation of the girls to extracurricular clubs by employing a dance teacher for half a term.	Investigate a coach to lead an after school session.	6 weeks dance funding plus £750 for after school.	<ul style="list-style-type: none">High attendance is monitored through registers to the club, potentially making it a longer term club.Dance performance to parents at the end of the half term raises the profile of dance.Builds the pupils self-esteem and skills in dance.
Develop the football skills of the girls.	Investigate a coach to teach the girls football.	Investigate prices	<ul style="list-style-type: none">The girls will improve their skills and confidence and therefore may then engage with the football at lunchtime at school or join a club.

Indicator 5: Increased participation in competitive sport.

Objective	Key Actions	Allocated Funding	Anticipated Outcomes
A range of interschool PE competitions will be offered to pupils in KS1 and KS2.	The PE leader alongside the office manager will continue to arrange KS1 and KS2 attending interschool PE competitions organised by the Redborne Sports Partnership.	£2500	<ul style="list-style-type: none"> Allows pupils the opportunity to explore leadership, competition and help pupils develop lifelong skills through sport. Pupils will have opportunities to participate and compete in school sports. Helps to support a better understanding from pupils and parents on the role competitive sport plays in building the whole person, enriching the student experience and improving the school ethos. Helps to ensure that there is a well-structured and supported competitive sports programme that provides opportunities for all students to participate in competitive sport and stretches the most able. Helps to support and develop the partnerships needed to build sporting pathways from lower school to middle and upper school and with the local and professional sports clubs. Helps to embed competitive sport firmly in the school culture and ethos and make it a central part of school life. Involves the staff, parents, students and governors in taking every opportunity to celebrate and reward success. Helps to raise the pupil's self-esteem.
Provide the opportunity for all pupils to take part in sports day.	PE leader to arrange activities for sports day. All children to participate in sports day with a range of activities for them to complete. Children to receive stickers for taking part.	£50	<ul style="list-style-type: none"> Encourages the children to be competitive and to do their best. Offers the chance for children to praise others and show good sportsmanship. Involves the staff, parents, students and governors in taking every opportunity to celebrate and reward success. Helps to raise the pupil's self-esteem.
To continue to develop strong community links with sports providers.	Invite different taster clubs in to broaden the children's knowledge of different sports and to increase participation.	£300	<ul style="list-style-type: none"> Develops relationships with local sports providers. Allows the pupils the opportunity to try different sports and activities. Helps to raise the pupil's self-esteem. Increases the skills of the pupils taking part.