



Indicator 1: The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles				
Objective	Key Actions	Allocated funding	Anticipated outcomes	Evaluation/Comments
<b>Bikeability</b>	Ensuring we access and use the qualified Bikeability instructor to deliver Level 1 road safety training for a select number of pupils. Ensuring that training maximises the pupils taking part whilst catering for their individual needs including those with SEN.	N/A (accessed through SSP funding)	Provide road safety awareness training and encourages young people to cycle to and outside of school. Bikeability supports the ethos, environment and culture of a healthy school and can contribute to:- attainment, PHSE, citizenship & British values, emotional health & wellbeing, school sport, physical activity & physical literacy, SMSC, cross-curricular opportunities.	Children completed. We had more children want to do it than we had spaces.
<b>To encourage and teach children how to be mentally healthy and provide them with a range of opportunities to try new sports and activities as well as teaching them the benefits of a healthy lifestyle and diet.</b>	Contact a range of sports clubs, personalities and organisations to attend school during 'Healthy Lifestyles Week' and run taster sessions for the children. Many will be free but some may require funding.	£500?	Children will have the opportunity to try new and enjoyable sports and activities. Links will be made with local clubs and organisations, creating pathways for the children to follow. Children will learn about the benefit of a healthy lifestyle. (pupil survey) Staff skills will be up levelled through watching and participating in sessions lead by specialist coaches.	We had Tennis, Rugby, Badminton in but no dance or gym.  We looked into getting dance but no one was available to come. We also had gymnastics booked and the company cancelled at the last minute and there was no time to rearrange.
<b>Daily Morning/ activities</b>	Year 3 and 4 start every morning with a 5 minute run. ( weather dependant) Children start each PE lesson with a minimum 4 minute run.		Running ability, increases fitness and stamina, challenge and determination. Wakes the children up and gets them ready to learn.  Yoga helps the children build muscle and increase flexibility as well as	Completed almost daily- when we couldn't run- it was raining etc. we did dance or movement inside.  Year1 and 2 started running in the am with KS2 and was a

	<p>Year 1 and 2 will also do a run in the afternoon play</p> <p>Foundation to do yoga activities in their classroom at the end of the day for 10 minutes.</p>		<p>reducing stress and anxiety levels. It will help them develop concentration and focus and make a mind-body connection.</p>	<p>nice thing for them to do all together to build friendship groups.</p>
<b>School playground equipment</b>	<p>Timetable created so children all classes can use it</p> <p>Sports equipment on the playgrounds. Both playgrounds are provided with play equipment to be used at lunch times. This gives the children chance to use equipment that requires coordination, different skill sets and sometimes team work.</p> <p>We need to purchase more equipment that can be used during playtime- especially balls</p>		<p>Whole school impact on pupils' activity levels and behaviour through more focused physical activity and structured play times.</p>	<p>Balls and outdoor equipment were purchased.</p> <p>A timetable was used for the climbing frame for the first 2 terms but didn't need to be used after that as it wasn't so popular.</p> <p>Lunch equipment was rarely used and must be used more frequently moving forward.</p>
<b>Paint markings on playground</b>	<p>Give the children a path to follow on the playground with different kinds of travelling, jumping, hopping etc as well as the road being used with the toy vehicles.</p>	<p>£1500- £2000</p>	<p>The children will use the road markings when they are playing in the cars, when the children are just playing in the playground as well as the children using it when they run in the day.</p>	<p>We didn't get anyone booked in to do this. We will look at this for the autumn and spring terms next academic year.</p>
<b>Coaching</b>  Specific dancing coaching and staff support X 1	<p>Utilise sports coaching provided by Premier Sports and Premier Dance at school specifically in</p>	<p>£2500</p>	<p>This supports each school to;</p> <ul style="list-style-type: none"> <li>- Provide high quality PE and or enrichment sessions by having well qualified local coaches in your school.</li> </ul>	<p>We couldn't find a dance specialist so taught it in house with the PE assisting the other teachers. We had gymnastics</p>

<p>X1 half term coaching blocks</p> <p>Weekly PE CPD with Luton</p> <p>Sign posting to local qualified coaches and clubs</p> <p>Weekly PE and literacy and Numeracy Intervention for the Low Ability Learners</p>	<p>Gymnastics with a local qualified coach that will inspire pupils and staff in teaching gymnastics. This will help embed high quality PE and make sustainable for the future. Utilise other programmes of coaching provided ad-hoc during the academic year on request.</p> <p>Utilise contacts of SSP to sign posted coaching can be guided by your schools specific needs but we would encourage using coaches to support curriculum delivery, support can</p>		<ul style="list-style-type: none"> <li>- Complement your existing delivery and can be used to expand your existing offer or used to support teacher development.</li> <li>- Enable the most able to attain high standards of performance.</li> <li>- Supports club/school links.</li> <li>- Raise pupil expectations of what more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance.</li> <li>- Improve pupils' fitness by keeping them physically active...engaging them in regular, high-intensity vigorous activity for sustained periods of time.</li> <li>- Utilise expert coaches to work alongside teachers to coach more able students and school teams, holding them to account for the success achieved by students.</li> </ul>	<p>training booked but it was cancelled by the company.</p>
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#### Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Objective	Key Actions	Allocated funding	Anticipated outcomes	
<p><b>Young Leaders Programme</b></p>	<p>Utilising SSP to train year pupils to become Sports Leaders. This will equip young people to lead structured sport, deliver sporting competitions to KS1 &amp; 2 with the aim of embedding and expanding the</p>	<p>Part of Sports Package cost of coach paid from curriculum</p>	<p>This supports SSP in delivery of program where</p> <ul style="list-style-type: none"> <li>- Pupils work with and lead small groups in a range of physical activities/sports.</li> <li>- Pupils deliver competition for KS1 &amp; 2 and can be utilised in other areas of leadership within the school.</li> </ul>	<p>Completed well and all year 4 children participated and achieved the award.</p>

	<p>programme within school.</p> <p>Staff encouraged to utilise pupils in School Council meetings and through the Silver Ambassador programme.</p> <p>Pupils utilised at large Partnership festivals including training.</p> <p>Sports Ambassador programme to raise the profile of PE and sport in school.</p> <p>Continue with current leadership program and rewards.</p>		<ul style="list-style-type: none"> <li>- This initiative provides a resource for sports leaders/Young Ambassadors to lead/support in your school. Leadership enhances pupil's personal development and well-being.</li> <li>- Ambassadors deliver specific training session to all feeder lower school leaders which build partnerships with feeder schools and allow the students to mentor and act as role models.</li> </ul>	
<b>Sainsbury's School Games Mark Development</b>	<p>Successfully complete the Sainsbury's School Games Mark utilising advice and assistance with application completion from SSP and development planning. Enabling measurement of the school against other schools provision. Nationally recognised award.</p>	N/A	<ul style="list-style-type: none"> <li>- Provides your school with a method of measuring performance against a nationally created standard.</li> <li>- Embed competitive sport firmly in the school culture and ethos and make it a central part of school life, involving staff, parents, students and governors, and taking every opportunity to celebrate and reward success.</li> </ul>	We did the School Mark but it was not linked to Sainsbury's.
Ensure we use the speed stacking cups to be used to develop pupils hand eye co-ordination skills and also social skills in a fun and competitive environment	<p>Identify club and staff from school that could run the session and purchase and promote club</p> <p>10-15 mins at lunchtime during spring term</p>	Sets already in school	<p>Increase basic motor skills of pupils taking part a fun indoor activity that could assist with building social skills and increase confidence in physical ability. Impact on other lesson in school.</p>	<p>We did not manage to fit this into the timetable.</p> <p>Next year we will put out as a playtime activity run by the young leaders after Christmas.</p>

Purchase hoodies to wear on sporting and school events ensuring all the children are wearing the same smart outfit.	Investigate prices and possibility of local parent/ business proving help with funding.	We will investigate prices	Pupils look smarter at fixtures raising the profile of both sports and the Chalton PE department. Parent and pupils feedback.	Discussed but not found a supplier yet. Will look to get this next year.
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### Indicator 3: Increased confidence, knowledge and skills of all staff in teaching Physical Education and sport

Objective	Key Actions	Allocated funding	Anticipated outcomes	
Increase knowledge of PE in primary and accountability of PE through attendance at CPD courses.( See coaching SSP)	F Mudd to attend PE and primary sport funding course	Supply cover £200	Ensure the value for money is achieved for sports premium funding and identify any possible other ways to utilise moneys. Keep up to date with current policy and developments in primary PE.	We had Badminton training in school.  Sadly we couldn't get the gymnastics.
CPD course for PE staff and supporting staff in dance and gymnastics	Booked with Premier Sport September	Sports Package	Raise the standards, confidence and provision of PE and school sports delivered to our pupils.	Couldn't rearrange after they cancelled booking.

### Indicator 4: Broader experience of a range of sports and activities offered to all pupils

Objective	Key Actions	Allocated funding	Anticipated outcomes	
Increase participation of girls to extracurricular clubs by employing a dance teacher for half a term.	Use the coach to do an after school session where she/ he has a keen interest in dance and put on a dance show to perform to parents at the end of the half term.	6 weeks dance + £750 for after school.	High attendance monitored through registers to club, potentially making it a longer term club.	We did not do indoor PE to avoid the spread of COVID
Have a coach come in to teach football skills to the girls -	Have someone come in to teach the girls football because they are the children not engaging in enough sport out of school.  No after school clubs were booked this year.	FUNDED	The girls will improve their skills and confidence and therefore may then engage with the football at lunchtime at school or join a club.	All clubs were cancelled by Our Sports package - They will restart next year.

### Indicator 5: Increased participation in competitive sport

Objective	Key Actions	Allocated funding	Anticipated outcomes	
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<p><b>Utilise the SSP Competitions</b> School Games</p> <p>KS1 and KS2 Competition at a different site</p> <p>SEN competitions and specific SEN sport delivery on site</p> <p>Assembly presentations for winning teams OR any team as requested</p>	<p>Ensure that school supports the Competition / festival Festivals focussing on the transition from Lower to Middle school will be delivered. Allowing for sessions for SEN competitions targeting pupils to compete and develop into county structure. Reward and recognition of success through school website newsletter etc.</p>	<p>£2500</p>	<p>This supports and allows pupils;</p> <ul style="list-style-type: none"> <li>- the opportunity to explore leadership, competition and helps to pupils develop lifelong skills through sport.</li> <li>- to have opportunities to participate and compete in school sport to enable the most able to attain high standards of performance.</li> <li>- A better understanding from pupils and parents on the role competitive sport plays in building the whole person, enriching the student experience and improving the school ethos.</li> <li>- Ensure that there is a well-structured and supported competitive sports programme that provides opportunities for all students to participate in competitive sport and stretches the most able.</li> <li>- Develop the partnerships needed to build sporting pathways – from lower school to middle and upper school and with the local and professional sports clubs.</li> <li>- Embed competitive sport firmly in the school culture and ethos and make it a central part of school life, involving staff, parents, students and governors, and taking every opportunity to celebrate and reward success.</li> </ul>	<p>All children had a chance to participate and we did a range of different events.</p>
<p><b>Sports Day</b></p>	<p>All children participate in sports day, a range of activities for them to complete. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place receive stickers</p>	<p>£50</p>	<ul style="list-style-type: none"> <li>- Encourages children to be competitive and do their best. A chance for children to praise others and show good sportsmanship.</li> </ul>	<p>All children participated in and enjoyed.</p>

Community Links				
School play equipment	Ensure our parents know that this is free to use between 3.20 and 4.30 pm 3 days a week.	-	Encourages children to keep active, a place for parents and carers to be sociable and let the children exercise.	Covid stopped this happening. Will look to restart this next year.
Let the play equipment be used before and after school by people in the community.				
Get sports people from different clubs to come in and give taster sessions	Invite different taster clubs in to broaden the children's knowledge of different sports.		This makes pathways for the children/ parents to attend the clubs.	

Completed by Miss F Mudd - Chalton Lower School PE Leader