

### **Chalton Lower School - PE and Sports Premium Action Plan**

Academic Year:	2024-2025
Total Funding Allocation:	£16,520.00

#### **Sports Premium Grant Background**

The purpose of these funds is to extend and enrich the PE and Sports opportunities that can be offered in school. The funding is provided in two instalments each year, one in the Autumn Term and one in the Spring Term. It is part of the Olympic legacy, is government funded and will dovetail into all of our work to encourage healthy lifestyles. At Chalton Lower School the Governors and teachers are committed to ensure that this funding will be spent prudently to achieve maximum and sustainable impact. The DfE vision for Primary PE and Sport Premium is that "all pupils leaving primary school will be physically literate and have the knowledge, skills and motivation necessary to equip themselves for a healthy, active lifestyle and lifelong participation in physical activity and sport." To achieve self-sustaining improvement in the quality of PE and sport in our school we need to demonstrate how we are achieving this against the following indicators:

- The engagement of all pupils in regular physical activity this will kick start healthy active lifestyles.
- The profile of PE and sport being raised across the whole school as a tool for whole school improvement.
- Increased confidence, knowledge and skills of all staff in teaching PE and sport.
- Broader experience of a range of sports and activities offered to all pupils.
- Increased participation in competitive sport.

Summary of Key Achievements from 2023-2024		Key Impact from 2023-2024
We achieved Gold Sports Mark.	• [	Participated in holistic sports not just competitive.
<ul> <li>Improved confidence in the children participating in holistic sports- yoga, dance</li> </ul>	• [	Maintained the Gold School Sports Mark.
and meditation.	•	Increased confidence in staff teaching PE.
We invested in new equipment for PE.	• (	Good quality PE lessons for all children across the school.
<ul> <li>Staff are successfully using Get Set 4 PE to help with lesson quality.</li> </ul>	•	Improved fitness levels, stamina, challenge and determination in the children.
<ul> <li>Staff had a range of CPD opportunities.</li> </ul>	• 7	The levels of movement and mentally healthy attitudes have improved through
Built relationships with new sports coaches.	t	the year.
Offered a range of sports clubs for children after school.		Children have experienced different sports and physical activity. This has led to children pursuing different activities outside of school.

Indicator 1 - Increased confidence, knowledge and skills of all staff in teaching PE and sport the profile of Physical Education and sport is raised across the school as a tool for whole school improvement.

Intent	Implementation	Allocated funding	Anticipated Impact and how sustainability will be achieved
All pupils to receive at least 2 hours taught PE a week.	<ul> <li>Timetabled PE sessions for all year groups.</li> <li>Use Get Set 4 PE planning used to ensure teachers are confident in teaching the necessary skills.</li> <li>A range of different sports are taught throughout the year.</li> </ul>	Get Set for PE scheme £550	<ul> <li>Teachers will have developed skills and knowledge on planning and delivering effective PE lessons.</li> <li>Children will learn about the benefits of a healthy lifestyle.</li> <li>PE lessons will improve increases fitness levels, stamina, challenge and determination.</li> <li>Children will learn to play different sports and all the rules that are linked to the sports so they can participate in competitions intra house and out of school.</li> </ul>
Increase the confidence and skills of the teachers and TAs in order to improve the quality of PE delivery in the school.	<ul> <li>Keep using Get Set 4 PE.</li> <li>Whole staff Get Set 4 PE training.</li> <li>Model lessons from PE Lead/coaches.</li> <li>Redborne School Sports Partnership support - updates from DFE and NGBs.</li> <li>Support from cricket coach - model lesson and work with teachers.</li> <li>Support from gymnastics and dance coach- model lesson and work with teachers.</li> <li>Buy in Sports coaches from James Hatch to work alongside teachers, developing teacher and TA skills, Team teaching and modelling lessons.</li> </ul>	Get Set for PE scheme £550 £3600 Creative Sports Coaching Redborne Sports Partnership £3780	<ul> <li>Improved engagement in PE.</li> <li>Increased confidence among staff when delivering PE.</li> <li>Development of the children's confidence, social skills and ability to persevere.</li> <li>Good quality lessons seen when observed.</li> </ul>
Increase the confidence of the girls playing sport.	<ul> <li>Opportunities for girls to increase their confidence with girls only clubs - football, netball and cricket.</li> <li>Show the girls some of the success women have had in sport recently - Cricket and football etc.</li> </ul>	Part of the Package from Creative Sports Coaching above	<ul> <li>Girls will be keener to participate in PE.</li> <li>The girls will have the confidence to join sports clubs outside of school.</li> <li>Girls will understand the importance of participating in sport to create a healthy body and mind.</li> </ul>

Intent	Implementation	Allocated funding	Anticipated Impact and how sustainability will be achieved
To be more active during the school day.	<ul> <li>Year 3 and 4 start every morning with a five-minute run. (Weather dependent.) Children start each PE lesson with a minimum four-minute run.</li> <li>Year 1 and 2 will also do a run during afternoon play.</li> <li>Early Years Foundation Stage to do yoga activities in their classroom after lunch for 10 minutes.</li> <li>Years 1-4 do Supermovers daily to work on their Times Tables and keep them moving as part of their Maths lesson.</li> <li>Early Years Foundation Stage complete sensory circuits.</li> </ul>	£0	<ul> <li>Running ability improves, increases fitness and stamina, challenge and determination.</li> <li>Wakes the children up and gets them ready to learn.</li> <li>Yoga helps the children build muscle and increase flexibility as well as reducing stress and anxiety levels.</li> <li>It will help them develop concentration and focus and make a mind-body connection.</li> </ul>
To take part in Bikeability - KS2 will be able to confidently demonstrate the basics of riding and caring for a bike.	<ul> <li>Access and use the qualified Bikeability instructor to deliver Level 1 road safety training for KS2 pupils.</li> <li>All pupils will have the opportunity to attend.</li> <li>Training caters for the individual needs of the pupils including those with SEND.</li> </ul>	Accessed through Redborne Sports Partnership package	<ul> <li>KS2 pupils will achieve Bikeability level 1.</li> <li>Road safety awareness and training will encourage the pupils to cycle outside of school.</li> <li>Bikeability supports the ethos, environment and culture of a healthy school and contributes towards attainment in PHSE, citizenship and British values, emotional health and wellbeing, school sport, physical activity, physical literacy and SMSC.</li> </ul>
To teach the children to be mentally healthy and encourage children to try new sports.	<ul> <li>Contact a range of sports clubs, personalities and organisations to attend school during 'Healthy Lifestyles Week' and run taster sessions for the children.</li> <li>Suggested sports: badminton, karate and table tennis, gymnastics.</li> </ul>	£500	<ul> <li>Children will have the opportunity to try new sports and activities.</li> <li>Links will be made with local clubs and organisations, creating pathways for the children to follow.</li> <li>Children will learn about the benefits of a healthy lifestyle. (Pupil survey)</li> <li>Staff skills will be increased through watching and participating in sessions led by specialist coaches.</li> </ul>
To continue the development of the outside curriculum.	<ul> <li>Look at potential support for Forest School.</li> <li>Consider Forest School leader training.</li> <li>Children to have time built into their weekly</li> </ul>	£1500 for Forest Schools	<ul> <li>Children develop their love of the outdoors.</li> <li>Children build social skills and perseverance skills.</li> </ul>

	curriculum for Forest School.  • Weekly Gardening Club.	training	<ul> <li>Children develop ability to play creatively.</li> <li>Staff are up skilled and able to teach Forest School.</li> </ul>
To maintain a wide range of activities for children in PE lessons.	<ul> <li>Stock check of lunch time and PE shed equipment.</li> <li>Order any new equipment or replace equipment needed for PE lessons.</li> <li>Work with lunch staff to change the structure of playtimes and lunchtimes.</li> </ul>	£1000	<ul> <li>Children maintain activity levels.</li> <li>Increase physical activity levels.</li> </ul>
To increase activity levels at playtimes and lunchtimes.	<ul> <li>Work with TA and Young Leaders to change the structure of playtimes and lunchtimes.</li> <li>Introduce Sports Ambassadors to lead KS1 lunchtime activities 3x a week (training provided by RSSP.)</li> <li>Timetable to be created so that all of the children across the school can use the equipment.</li> <li>Both playgrounds are provided with play equipment to be used at lunch times.</li> <li>Purchase more new equipment that can be used during lunchtime-especially balls and hoops of different shapes and sizes.</li> </ul>	Part of Redborne Sports Partnership Package £1000 for new equipment	<ul> <li>Increase physical activity during lunch and break times.</li> <li>Children able to work more effectively with each other and play co-operatively.</li> <li>Children develop ability to play effectively.</li> <li>Increased respect for adults.</li> <li>Year 4s become increasingly confident organising and leading activities for others.</li> </ul>

### Indicator 3 - The profile of PE and sport is raised across the school as a tool for whole school improvement.

Intent	Implementation	Allocated funding	Anticipated Impact and how sustainability will be achieved
To encourage leadership among children.	<ul> <li>Children encouraged to take on the role of Sports Ambassadors.</li> <li>House Captains to take an active role in leading intra-school competitions.</li> <li>KS2 children to lead warm ups in PE lessons.</li> </ul>	£200 for resources	<ul> <li>Children become confident leaders.</li> <li>Children develop the ability to work with others in different situations.</li> </ul>
To embed physical activity in the school day.	<ul> <li>Active lunchtimes - equipment out whenever possible.</li> <li>5 a Day activity session introduced mid-afternoon in each class.</li> </ul>	£1000 for new equipment 5 a day subscription £380	<ul> <li>Increased activity levels.</li> <li>Improved concentration.</li> <li>Less intervention by adults.</li> </ul>
To promote PE and sports through the use of the class/school newsletters and the school	Regular updates to parents to ensure parents	£0	Parents will be able to praise/support their

Facebook page.	know about what is coming up.		children when they have done sport.
	Updates to parents on the outcome of the sports	•	Parents will be able to help children improve
	events.		their sport as they will know what is coming.
	Inform the parents of when their children have	•	It shows parents what is being completed in
	participated vie letters and newsletters.		school.
	Photos of success and effort posted on school	•	Will help children when they are telling parents
	website, in the newsletter and on our Facebook		about their day when they can see what they
	page to show parents.		have done.
		•	Builds and encourages working as a team.
		•	Share photos of the new school sports kit.

## Indicator 4 - Broader experience of a range of sports and activities offered to all pupils.

Intent	Implementation	Allocated	Anticipated Impact and how sustainability will be
		funding	achieved
Increase participation of the girls to extracurricular clubs by employing a dance/ gymnastics or yoga teacher for half a term.	<ul> <li>Pay a coach to lead an after-school session.</li> <li>Encourage girls to participate.</li> </ul>	£800	<ul> <li>High attendance is monitored through registers to the club, potentially making it a longer term club.</li> <li>Dance/gym performance to parents at the end of the half term raises the profile of dance.</li> <li>Builds the pupils self-esteem and skills in dance/gym.</li> </ul>
Develop the confidence and skills of the girls.	<ul> <li>Use a coach to teach the girl's a specific sport- can change throughout the year.</li> <li>Use a lunch time slot.</li> </ul>	£800	The girls will improve their skills and confidence, therefore may then engage with clubs at lunchtime at school or join a club.
To ensure all KS2 children attend an outdoor education residential experience.	<ul><li>Book and attend Caldecott residential trip.</li><li>Subsidize trip for Pupil Premium children.</li></ul>	£1570	<ul> <li>A new and exciting experience for all.</li> <li>Teamwork, challenging themselves, improving confidence etc.</li> </ul>
Offer sensory circuits to children with SEND and disabilities.	<ul> <li>Plan and organise a 10-15 minute sensory circuit's adult led activity daily.</li> <li>TAs will be trained in how to run sensory circuits.</li> <li>Purchase new equipment for use in sensory circuits i.e. trampoline, hoops, wobble boards, large balls etc.</li> </ul>	£2000 for new equipment	<ul> <li>Links to National Curriculum goals and children's learning.</li> <li>Helps regulate behaviour.</li> <li>Develops confidence, skills and relationships.</li> <li>Promotes turn taking.</li> <li>Fully inclusive and easily adaptable.</li> </ul>
To develop opportunities for Forest School.	<ul> <li>Work alongside a Forest School Lead who can implement Forest School and inspire the rest of the staff and children.</li> <li>Enquire into costs of training staff.</li> </ul>	£1000 for resources	<ul> <li>Children each participate in at least an extra hour to an hour and a half of physical activity outside each week.</li> <li>Increased outdoor learning opportunities for</li> </ul>

Take part of the 2.8 framework and		£100 for advertising	<ul> <li>KS1 and KS2 during other curriculum areas.</li> <li>Encourages people to consider modes of transport to school.</li> <li>Teaches the children how to travel in different ways safely.</li> <li>Encourages people to travel actively which embeds good habits for life.</li> <li>Continue to remind parents to park responsibly.</li> </ul>
To participate in the skateboard and scooter workshop- Team Rubicon	<ul> <li>Access and use the qualified scooter instructor to deliver safety training for all pupils.</li> <li>All pupils will have the opportunity to attend.</li> <li>Training caters for the individual needs of the pupils including those with SEND.</li> <li>Enquire into costs of training staff.</li> </ul>	£450 for Team Rubicon	<ul> <li>Reminds everyone to walk/bike/scoot to school which encourages being healthy.</li> <li>All pupils will have a better understanding of how to be safe scooting and skating.</li> <li>Road safety awareness and training will encourage the pupils to scoot/skate outside of school.</li> <li>Team Rubicon workshop supports the ethos, environment and culture of a healthy school and contributes towards attainment in PHSE, citizenship and British values, emotional health and wellbeing, school sport, physical activity, physical literacy and SMSC.</li> </ul>
Indicator 5 - Increased participation in competi	tive sport. Implementation	Allocated	Anticipated Impact and how sustainability will be
To attend an increased number of interschool competitions.	<ul> <li>Work with Redborne School Sport partnership.</li> <li>Enter a wide variety of inter school activities.</li> <li>In some instances, enter a second or third team.</li> </ul>	Included in Redborne Sports Partnership package	<ul> <li>achieved</li> <li>Children will have a positive experience of competition.</li> <li>Children will develop a love of sport.</li> <li>All children in KS1 and KS2 will take part developing enjoyment and confidence from participation.</li> </ul>

Follow intra sports plan.

events.

Keep a log of results in the hall.

Ensure sports ambassadors help to run these

Present trophy each term for team that won the

£50 for

trophy

• Children will have a positive experience of

Children will develop a love of sport.

Children will get to know the children in their

competition.

houses better.

To lead 6 intra sports events for the whole

school each half term.

	most points.		
Purchase sports kit for external activities.	• Put in order for sports kit so that it can be worn by	£2000	Children will have a positive experience of
	all of the children at sports events and		competition.
	competitions.		Children will feel part of the team.

# **Additional Information**

Financial Year	Budget	Actual Spend	Additional Notes
2021 - 2022	£16,473.00	£9,484.70	School was partially closed due to Covid. Suppliers not delivering
			equipment.
2022 - 2023	£16,516.00	£14,640.00	
2023 - 2024	£16,520.00	£15,467.17	

	Signed off by	Date
PE Lead: Miss Francesca Mudd	F. Mudd	08.07.24
Headteacher: Miss Natalie Bill	NBILL	08.07.24
Governor: Miss Michelle Goode	# 10	08.07.24