

Chalton Lower School - Physical Education (P.E) Curriculum Review



Intent: What we want to achieve:

Through our teaching and provision of Physical Education within the school we aim to enable children to learn about themselves, their capabilities their strengths and their limitations. Through our Physical Education curriculum and activity provision we aim to promote physical and mental health with the overall aim that every child should leave our school physically literate. Each child will experience a wide range of different sports opportunities and activities by the end of their time in school giving each child an opportunity to discover their talents. We strongly recognise and promote physical education and activity as a means to good health but equally we recognise its benefits for mental health, learning, and the development of social skills. We facilitate and promote healthy competition within school and physical activity is celebrated and promoted within our school community.

Implementation: How we will achieve this:

- The PE Lead Teacher will oversee the development of physical activity/education in school.
- Creative Sports Coaching provide PE CPD/lessons once per week. As well as that, we have a Tennis session provided to all children in the Summer term.
- A rugby Coach teaches KS1 one session per week for half a term they teach KS2 for a term in the Autumn.
- Each child Y1-Y4 will receive 2 hours timetabled Physical Education per week.
- EYFS children will have 2 half hour PE slots per week.
- Children attend school in their PE kit on their PE days. This minimizes time spent changing and encourages physical activity during playtimes.
- The Physical Education curriculum plan is led by the National Curriculum and seeks to ensure that each child is given opportunities to explore and develop their skills in a range of sports and activities during their time in school.
- All Physical Education lessons are structured to ensure coverage of skill acquisitions, use and application, knowledge and understanding.
- A range of different teaching methods are used in Physical Education.
- Lessons are planned and adapted to meet the needs of all pupils including those with SEND.
- The school promotes active playtimes which are led and facilitated by a lead adult alongside Year 4 play leaders in the Spring and Summer Term.
- The school is part of the Redborne Sports Partnership which provides the school with lots of opportunities to attend other Physical based training. Children benefit from their teachers being highly skilled as and the chance to attend inter-school festivals with other schools in the area
- Staff are provided with high quality CPD delivered by expert coaches from Luton Town Community Club.
- Achievements in Physical Education both inside and outside of school are celebrated within whole school assembly, on the school website and on the Physical Education notice board.
- Lesson observations are completed throughout the year to monitor and evaluate Physical Education across the school.
- Where possible we seek to provide and signpost extra-curricular sports activities.
- Currently we have Dance club weekly after school and 2 multi-sports sessions.
- Physical activity is promoted within lessons through outdoor learning, active learning and activity breaks.
- Every morning years 1-4 start the morning with a 4-minute run outside.
- The school will also take part in and promote health-based initiatives such as Walk to School Week.

Impact: The intended outcomes of the Physical Education curriculum:

- Pupils will leave the school physically literate. They will know how to keep healthy and safe as well as have developed ageappropriate fine and gross motor control.
- Pupils will have experience of playing a range of different sports and taking part in different physical activities.
- All pupils will have had experience of competition in sport including at a personal level, intra-school and inter-school.
- Pupils will have experience in working as a team with a variety of different people.
- Pupils will develop skills in following rules.
- Pupils will understand the benefits of physical activity and leading a healthy lifestyle.
- Pupils will have developed skills in self and peer evaluation. They will be able to say what they are good at and what they might need to improve and how.
- Pupils will embrace new challenges, try new things and improve their resilience.
- Pupils will seek opportunities for sport and physical activity both within school and outside of school.